



ALLERGEN INFORMATION



If you have a food allergy, we recommend that you refrain from eating our products.

Although we take precautions, it is impossible to guarantee that our products have not come into contact with peanuts, nuts, or other allergens.

Your welfare is our first concern.

We encourage anyone with food sensitivities, allergies, or special dietary needs to check with Tim Hortons Guest Services to obtain the most up-to-date information.

Please contact us through our toll free guest service number at **1-888-601-1616**, if you require more information or any clarification.

Please visit www.timhortons.com for updated information.

USA Edition

Last updated September 2014

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● Symbol indicates product contains the allergen

Peanuts & Peanut Product
 Tree Nuts & Tree Nut Derivatives
 Milk & Milk Products
 Eggs & Egg Sources
 Soy
 Wheat & Gluten Sources
 Fish (Crustaceans/Shellfish)
 Sulphites †
 Animal Fats & By-Products
 *Asterisk indicates honey present
 Glutamates (Autolyzed Yeast & Plant Proteins)

BEVERAGES

HOT

	Peanuts & Peanut Product	Tree Nuts & Tree Nut Derivatives	Milk & Milk Products	Eggs & Egg Sources	Soy	Wheat & Gluten Sources	Fish (Crustaceans/Shellfish)	Sulphites †	Animal Fats & By-Products
Coffee									
Decaffinated Coffee									
Espresso Shot									
Americano									
Cappuccino			●						
Latte			●						
Pumpkin Pie Latte			●		●	●			*
Flavoured Latte Supreme			●				●		
Tea Latte			●						
Mocha Latte			●						
Hot Chocolate		●	●		●				
White Hot Chocolate		●	●				●		
French Vanilla Cappuccino		●	●		●				
English Toffee Cappuccino		●	●		●				
Café Mocha			●		●				
Caramel Café Mocha			●		●		●		
Pumpkin Pie White Mocha		●	●		●	●			*
Steeped Tea									
Specialty Teas									

COLD

Iced Cappuccino (with milk or cream)			●						
Iced Cappuccino with chocolate milk			●						
Iced Cappuccino Supreme			●		●		●		
Cinnamon Bun Iced Cappuccino			●						
Mocha Iced Cappuccino			●		●				
Oreo Iced Cappuccino			●		●	●			
Pumpkin Pie Iced Cappuccino			●		●	●			*
Iced Coffee			●						
Iced Mocha			●		●				
Iced Latte			●						
Iced Mocha Latte			●						
Flavoured Iced Latte Supreme			●				●		
Strawberry Banana Smoothie with Greek yogurt			●						*
Strawberry Banana Smoothie without yogurt									
Orange Tangerine Smoothie with Greek yogurt			●						*
Orange Tangerine Smoothie without yogurt									
Frozen Lemonade (Original)									
Frozen Lemonade (Raspberry Flavour)									
Frozen Hot Chocolate			●						
Real Brewed Iced Tea									

BAKED GOODS

CLASSIC BAGELS

12 Grain					●	●			*
Blueberry					●	●			

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Cheddar Cheese Bagel			●		●	●				
Cinnamon Raisin					●	●		●		
Everything					●	●				
Onion					●	●				
Plain					●	●				
Pretzel					●	●				
Sesame Seed					●	●				
Wheat & Honey					●	●			*	
SPECIALTY BAGELS										
Caramel Apple					●	●		●		
Maple Cinnamon French Toast				●	●	●				
Sundried Tomato Asiago Parm			●		●	●				
Jalapeno Asiago Mozzarella			●		●	●				
Pumpkin			●		●	●		●		
BAGEL TOPPINGS										
Plain Cream Cheese Spread			●							
Light Plain Cream Cheese Spread			●							
Strawberry Cream Cheese Spread			●							
Garden Vegetable Cream Cheese Spread			●					●		
Cinnamon Cream Cheese Spread			●							
Cheddar Cheese Slice			●							
Butter			●							
Margarine			●		●					
CINNAMON ROLLS										
Glazed			●		●	●				
Frosted			●		●	●		●		
ULTIMATE CINNAMON BUN										
Frosted			●	●	●	●		●		
MINI COFFEE CAKE										
Mini Coffee Cake			●	●	●	●		●		
COOKIES										
Caramel Chocolate Pecan		●	●	●	●	●				
Chocolate Chunk			●	●	●	●				
Oatmeal Raisin Spice			●	●	●	●				
Peanut Butter	●		●	●	●	●				
Trail Mix Cookie with Fruit and Nuts		●	●	●	●	●		●		
Triple Chocolate			●	●	●	●				
White Chocolate Macadamia Nut		●	●	●	●	●				
Oatcakes						●				
Gingerbread			●	●	●	●				
Ginger Molasses			●	●		●				
Smile Cookie			●	●	●	●				
CROISSANTS										
Plain			●		●	●				
Cheese			●		●	●				
DANISHES										

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Caramel Apple			●	●	●	●		●		
Blueberry			●	●	●	●		●		
Cherry Cheese			●	●	●	●		●		
Chocolate			●	●	●	●		●		
Maple Pecan		●	●	●	●	●		●		
Strawberry			●	●	●	●		●		
Almond Pastry		●	●		●	●		●		

STRUDEL

Apple Strudel					●	●		●		
Strawberry Cheese Strudel			●		●	●				

MUFFINS

Chocolate Chip			●	●	●	●				
Cran Apple Walnut Bran		●	●	●	●	●				
Fruit Explosion			●	●	●	●		●		
Lemon Poppyseed			●	●	●	●				
Strawberry Shortcake			●	●	●	●		●		
Whole Grain Carrot Orange			●	●	●	●				
Whole Grain Pecan Banana Bread		●	●	●	●	●				
Wild Blueberry			●	●	●	●				
Pumpkin Spice			●	●	●	●		●		

TEA BISCUITS

Plain			●		●	●				
Raisin			●		●	●				
Cheese			●		●	●				

OTHER

Gluten-Free Coconut Macarons		●		●						
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DONUTS († indicates a Timbit® also available)

DONUTS/TIMBITS: YEAST FILLED

Banana Split			●		●	●		●		
Banana Cream†			●		●	●		●		
Blueberry Bloom			●		●	●				
Boston Cream			●		●	●		●		
Canadian Maple			●		●	●		●		
Chocolate†			●		●	●		●		
Coconut Cream		●	●		●	●		●		
Crunchy Caramel			●		●	●		●		
Deluxe Cherry			●		●	●		●		
Double Strawberry			●		●	●		●		
Double Strawberry Bloom			●		●	●		●		
Maple Swirl			●		●	●		●		
Strawberry Banana Coconut		●	●		●	●		●		
Strawberry Bloom			●		●	●				
Strawberry Vanilla			●		●	●		●		
Strawberry Coconut		●	●		●	●		●		
Strawberry Coconut Cream		●	●		●	●		●		
Strawberry Cream			●		●	●				

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Strawberry Donut Supreme			●		●	●		●		
Strawberry Swirl			●		●	●		●		
Long John			●		●	●		●		
Venetian Cream [†]			●		●	●		●		
Fruit Jelly Filled [†] (Blueberry, Cherry, Lemon, Raspberry, Spiced Apple, Strawberry)			●		●	●		●		
Paczkis (in USA for one week each year around Fat Tuesday)			●	●	●	●		●		
Triple Chocolate			●		●	●		●		
Buckeye Bloom (OSU only)	●		●		●	●		●		
Oreo			●		●	●		●		
Pumpkin Pie			●		●	●			*	

DONUTS/TIMBITS: YEAST RING

Chocolate Dip			●		●	●		●		
Honey Dip [†]			●		●	●		●		
Maple Dip			●		●	●		●		
Strawberry Dip			●		●	●		●		
Strawberry Sprinkle			●		●	●		●		
Sugar Loop			●		●	●		●		
Vanilla Dip with Chocolate Shot			●		●	●		●		
Vanilla Dip with Coloured Sprinkles			●		●	●		●		
Vanilla Dip with Chocolate Shot & Coloured Sprinkles			●		●	●		●		

DONUTS /TIMBITS: YEAST - OTHER

Apple Fritter [†]			●		●	●		●		
Caramel Apple Fritter			●		●	●		●		
Apple Dumpling			●		●	●		●		
Apple Banana Dumpling			●		●	●		●		
Venetian Apple			●		●	●		●		
Game Day [†]			●		●	●		●		
Football			●		●	●		●		

DONUTS/TIMBITS: CHOCOLATE CAKE

Chocolate Glazed [†]			●	●	●	●				
Double Chocolate			●	●	●	●				
Chocolate Peanut Crunch [†]	●		●	●	●	●				
Chocolate Toasted Coconut [†]		●	●	●	●	●		●		
Chocolate White Coconut [†]		●	●	●	●	●		●		
Chocolate Mint			●	●	●	●		●		
Double Chocolate			●	●	●	●				
Chocolate Snow			●	●	●	●		●		
Strawberry Double Chocolate			●	●	●	●				

DONUTS/TIMBITS: WHITE CAKE

Old Fashioned Plain [†]			●	●	●	●				
Old Fashioned Dip			●	●	●	●		●		
Old Fashioned Glazed [†]			●	●	●	●				
Old Fashioned Snow			●	●	●	●				
Old Fashioned Sugar [†]			●	●	●	●				
Old Fashioned Strawberry Dip			●	●	●	●				
Cinnamon Sugar [†]			●	●	●	●				

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White Coconut [†]		●	●	●	●	●		●		
Toasted Coconut [†]		●	●	●	●	●		●		
Peanut Crunch [†]	●		●	●	●	●				
Snowball			●	●	●	●		●		
Birthday Cake			●	●	●	●		●		
DONUTS/TIMBITS: SOUR CREAM										
Sour Cream Plain [†]			●	●	●	●				
Sour Cream Sugar [†]			●	●	●	●				
Sour Cream Glazed [†]			●	●	●	●				
Sour Cream Cinnamon [†]			●	●	●	●				
DONUTS/TIMBITS: OTHER										
Honey Cruller [†]			●	●	●	●				
Pumpkin Spice [†]			●	●	●	●				
Strawberry Glazed			●	●	●	●				
BREAKFAST ITEMS²										
New Hash Brown										
Oatmeal - Plain						●				
Oatmeal - Maple Brown Sugar						●				
Oatmeal - Mixed Berry						●				
Oatmeal - Apple Cinnamon			●		●	●		●		
BREAKFAST SANDWICHES										
Breakfast Sandwich			●	●	●	●		●	●	●
Maple Biscuit Breakfast Sandwich			●	●	●	●		●	●	●
Bagel BELT [®] - Plain Bagel			●	●	●	●			●	
Sausage Bagel BELT [®] - Plain Bagel			●	●	●	●			●	●
Grilled Steak & Egg Breakfast Sandwich			●	●	●	●			●	●
Turkey Sausage Breakfast Sandwich			●	●	●	●			●	
Chicken Biscuit Breakfast Sandwich			●	●	●	●			●	
Chicken & Biscuit			●	●	●	●			●	
FLATBREAD BREAKFAST PANINI										
Multigrain Flatbread Breakfast Panini			●	●	●	●		●	●	●
Maple Flatbread Breakfast Panini			●	●	●	●		●	●	●
BREAKFAST WRAPS										
Turkey Sausage, Egg, and Cheese			●	●	●	●			●	
Sausage, Egg, and Cheese			●	●	●	●		●	●	●
Bacon, Egg, and Cheese			●	●	●	●		●	●	
Egg & Cheese			●	●	●	●		●		
BREAKFAST COMPONENTS										
Seasoned Egg Pattie			●	●	●					
Seasoned Egg White Omelette			●	●	●					
Seasoned Scrambled Eggs (on Breakfast Wraps)			●	●	●					
Bacon									●	
Sausage									●	●
Turkey Sausage					●				●	
Seasoned Sliced Steak					●				●	●
Crispy Chicken				●		●			●	

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Processed Mozzarella Cheese			●		●					●
American Cheese			●		●					●
Homestyle Biscuit					●		●			
Maple Biscuit					●		●			
English Muffin					●		●			
Whole Wheat Wrap					●		●			
Multigrain Flatbread (for Breakfast Panini)					●		●			
Maple Flatbread (for Breakfast Panini)					●		●			

LUNCH ITEMS²

SANDWICHES

BLT				●	●	●			●	
Chicken Salad				●	●	●		●	●	●
Garden Vegetable			●		●	●				
Ham & Swiss			●	●	●	●		●	●	●
Turkey Bacon Club					●	●			●	●
Turkey Breast			●	●	●	●		●	●	●
Extreme Italian			●	●	●	●		●	●	
Original Crispy Chicken				●	●	●			●	
Spicy Crispy Chicken				●	●	●			●	

GRILLED PANINI

Chipotle Turkey			●	●	●	●			●	
Tuscan Chicken			●	●	●	●		●	●	●
Pesto Chicken			●		●	●			●	●
Smoked Ham & Cheese			●	●	●	●			●	
Bacon, Tomato & Cheese			●	●	●	●			●	
Grilled Cheese			●		●	●			●	
Buffalo Chicken			●	●	●	●			●	●
Grilled Steak & Cheese			●	●	●	●			●	●

WRAP SNACKERS

Chicken Ranch			●	●	●	●		●	●	●
Chicken BBQ					●	●		●	●	●
Chicken Salad				●	●	●		●	●	●
Chipotle Chicken			●	●	●	●		●	●	●

OTHER

Kettle Cooked Potato Chips										
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SOUPS & HOT BOWLS

Chili					●				●	●
Beef Noodle				●	●	●		●	●	●
Buffalo Chicken (Buffalo region only)			●					●	●	
Cauliflower & Cheese			●		●	●				●
Chicken Noodle			●	●	●	●		●	●	●
Clam Chowder			●		●	●	●		●	●
Cream of Broccoli with Cheddar			●		●	●				●
Creamy Field Mushroom		●	●		●	●		●		●
French Onion Soup (with Cheese and Croutons)			●		●	●		●	●	●
French Onion Soup (Broth only)			●		●			●	●	●

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Hearty Vegetable					●	●				●
Italian Wedding			●	●	●	●		●	●	●
Minestrone			●	●	●	●		●	●	●
Hearty Potato Bacon			●		●				●	●
Split Pea with Ham		●	●		●	●		●	●	●
Tomato with Whole Grain Pasta		●	●		●	●				●
Turkey & Wild Rice		●	●	●	●			●	●	●
Creamy Sundried Tomato			●		●			●		●
Spicy Chicken Tortilla		●			●	●			●	●
Mac & Cheese			●	●	●	●				
Buffalo Chicken Mac & Cheese			●	●	●	●			●	●
BUNS/BREAD										
White Sandwich Bun (Mini or Regular)					●	●				
Whole Wheat Sandwich Bun (Mini, Regular or Large Size)					●	●				
Garlic Toast			●		●	●		●		
Bakery Style Bun					●	●				
OTHER										
Vanilla Greek Yogurt with Mixed Berries and Almond Granola		●	●			●			*	
Strawberry Greek Yogurt with Mixed Berries and Almond Granola		●	●			●				

1. Sulphites are declared when they are present at a concentration of greater than 10ppm. All other products may contain sulphites at a concentration of less than 10ppm.
2. All sandwich information is based on standard product build.