



## CAFFEINE CONTENT This information is applicable in Canada only.

\* Please note that caffeine content for bagged teas may vary with steeping time.

Beverage	Caffeine (mg)
<b>COFFEE &amp; TEA</b>	
<b>Original Blend Coffee</b>	
Small	140
Medium	205
Large	270
Extra large	330
<b>Dark Roast Coffee</b>	
Small	130
Medium	195
Large	260
Extra large	315
<b>Decaffeinated Coffee</b>	
Small	6
Medium	9
Large	12
Extra large	15
<b>Steeped Tea made with Whole Leaf</b>	
Small	90
Medium	125
Large	175
Extra large	210
<b>BAGGED TEAS *</b>	
<b>Green Tea</b>	
Small	25
Medium	35
Large	50
Extra large	60
<b>Orange Pekoe / English Breakfast / Earl Grey / Chai</b>	
Small	50
Medium	70
Large	100
Extra large	170
<b>Decaffeinated Orange Pekoe</b>	
Small	6
Medium	9
Large	12
Extra large	15
<b>Caffeine-Free Teas</b>	
Honey Lemon	0
Apple Cinnamon	0
Chamomile	0
Peppermint	0
Pumpkin Spice (seasonal)	0
<b>BOTTLED BREWED ICED TEA</b>	
Citrus Green Tea	20
Lemon Tea	20

Beverage	Caffeine (mg)
<b>HOT SPECIALTY BEVERAGES</b>	
<b>English Toffee / French Vanilla Cappuccino</b>	
Small	60
Medium	80
Large	110
Extra large	135
<b>Café Mocha</b>	
Small	90
Medium	135
Large	165
Extra large	200
<b>Hot Chocolate</b>	
Small	15
Medium	20
Large	30
Extra large	35
<b>Apple Cider</b>	
All Sizes	0
<b>ESPRESSO BEVERAGES</b>	
Espresso Shot (single)	125
<b>Hot Latte / Flavoured Hot Latte (Medium)</b>	
Original/Vanilla/Caramel	205
Mocha	215
<b>Cappuccino</b>	
Medium	205
<b>Americano</b>	
Medium	205
<b>Iced Latte / Flavoured Iced Latte (Medium)</b>	
Original/Vanilla/Caramel	205
Mocha	215
<b>COLD SPECIALTY BEVERAGES</b>	
<b>Iced Cappuccino (all varieties)</b>	
Small	90
Medium	120
Large	150
<b>Iced Coffee (Original Blend – standard build)</b>	
Small	60
Medium	130
Large	160

*This information is accurate to the best of our knowledge, no warranty is expressed or implied regarding its accuracy. The user must determine its suitability for his own use. Please note the date of this information, and be sure to update your files periodically. It is possible that we have added new products or that changes have been made to existing products that could cause the information to change. Please call our toll free guest service number at 1-888-601-1616 for updated information.*