



CAFFEINE CONTENT

This information is applicable in Canada only.

* Please note that caffeine content for bagged teas may vary with steeping time.

Beverage	Caffeine (mg)
COFFEE & TEA	
Coffee	
Small	80
Medium	100
Large	140
Extra large	200
Decaffeinated Coffee	
Small	5
Medium	6
Large	9
Extra large	12
Steeped Tea	
Small	50
Medium	60
Large	90
Extra large	110
BAGGED TEAS *	
Chai Tea	
Small	16
Medium	20
Large	30
Extra large	40
Green Tea	
Small	20
Medium	25
Large	35
Extra large	50
Orange Pekoe / English Breakfast / Earl Grey	
Small	40
Medium	50
Large	70
Extra large	100
Decaf Orange Pekoe	
Small	5
Medium	6
Large	9
Extra large	12
Caffeine-free teas	
Honey Lemon	0
Apple Cinnamon	0
Chamomile	0
Peppermint	0
BOTTLED BREWED ICED TEA	
Lemon Tea	20
Citrus Green Tea	20

Beverage	Caffeine (mg)
HOT SPECIALTY BEVERAGES	
English Toffee / French Vanilla Cappuccino	
Small	45
Medium	60
Large	80
Extra large	110
Café Mocha	
Small	50
Medium	70
Large	90
Extra large	130
Hot Chocolate	
Small	12
Medium	15
Large	20
Extra large	30
Hot Smoothee	
All sizes	0
Flavour Shot	
All Flavours	0
Apple Cider	
All sizes	0
COLD SPECIALTY BEVERAGES	
Iced Cappuccino (All varieties)	
Small	90
Medium	120
Large	150
Iced Cappuccino Supreme (All varieties)	
Small	90
Medium	120
Large	150

This information is accurate to the best of our knowledge, no warranty is expressed or implied regarding its accuracy. The user must determine its suitability for his own use. Please note the date of this information, and be sure to update your files periodically. It is possible that we have added new products or that changes have been made to existing products that could cause the information to change. Please call the toll free customer service number at 1-888-601-1616 for updated information.