



ALLERGEN INFORMATION



If you have a food allergy, we recommend that you refrain from eating our products.

Although we take precautions, it is impossible to guarantee that our products have not come into contact with peanuts, nuts, or other allergens.

Your welfare is our first concern.

We encourage anyone with food sensitivities, allergies, or special dietary needs to check with Tim Hortons Guest Services to obtain the most up-to-date information.

Please contact us through our toll free guest service number at **1-888-601-1616**, if you require more information or any clarification.

Please visit www.timhortons.com for updated information.

Canadian Edition

Last updated September 2017

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● Symbol indicates product contains the allergen

Peanuts & Peanut Product
 Tree Nuts & Tree Nut Derivatives
 Milk & Milk Products
 Eggs & Egg Sources
 Soy
 Wheat & Gluten Sources
 Sesame
 Fish (Crustaceans/Shellfish)
 Sulphites¹
 Animal Fats & By-Products
*Asterisk indicates honey present
 Glutamates (Autolyzed Yeast & Plant Proteins)
 Mustard

BEVERAGES

HOT

Coffee																	
Decaffeinated Coffee																	
Espresso Shot																	
Americano																	
Cappuccino			●														
Latte			●														
Vanilla Latte			●														
Mocha Latte			●														
Caramel Latte			●														
Tea Latte			●														
Hot Chocolate			●			●											
White Hot Chocolate			●									●					
French Vanilla Cappuccino			●			●											
Café Mocha			●			●											
Apple Cider																	
Steeped Tea made with Whole Leaf																	
Specialty Teas																	

COLD

Iced Capp® (with cream or light)			●														
Iced Capp® with chocolate milk (excluding Québec)			●														
Iced Capp® with chocolate milk (Québec only)			●									●					
Mocha Iced Capp®			●														
Iced Coffee			●														
Mocha Iced Coffee			●														
Iced Latte			●														
Vanilla Iced Latte			●														
Mocha Iced Latte			●														
Caramel Iced Latte			●														
Strawberry Banana Fruit Smoothie with Greek Yogurt			●														
Tropical Fruit Smoothie with Greek Yogurt			●														
Mixed Berry Fruit Smoothie with Greek Yogurt			●									●					
Creamy Chocolate Chill™			●														
Tropical Real Fruit Chill™																	
Mixed Berry Real Fruit Chill™												●					
Frozen Lemonade (Original)																	
Frozen Lemonade (Raspberry Flavour)																	

OTHER

Whipped Topping			●		●												
Chocolate Whipped Topping			●														
Chocolatey Drizzle																	
Caramel Drizzle			●									●					

BAKED GOODS

CLASSIC BAGELS

12 Grain					●	●	●									*	
Blueberry					●	●											

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Cinnamon Raisin					●	●			●				
Everything					●	●	●						
Plain					●	●							
Pretzel					●	●							
Sesame Seed					●	●	●						
SPECIALTY BAGELS													
Maple Cinnamon French Toast			●	●	●	●							
Sundried Tomato Asiago Parm			●		●	●							
Jalapeno Asiago Mozzarella			●		●	●							
Roasted Garlic & Cheese			●		●	●							
Four Cheese			●		●	●							
BAGEL TOPPINGS													
Plain Cream Cheese Spread			●										
Light Plain Cream Cheese Spread			●										
Herb & Garlic Cream Cheese Spread			●										
Strawberry Light Cream Cheese Spread			●										
Cheddar Cheese Slice			●										
Butter			●										
Margarine			●		●								
CINNAMON ROLLS													
Glazed			●		●	●							
Frosted			●		●	●			●				
CLASSIC COOKIES													
Chocolate Chunk			●	●	●	●							
Oatmeal Raisin Spice			●	●	●	●							
Peanut Butter	●		●	●	●	●							
Triple Chocolate (Québec only)			●	●	●	●							
Oatcakes						●							
FILLED COOKIES													
Double Chocolate with Peanut Butter Filling	●		●	●	●	●							
Lemon Shortbread with Raspberry Filling			●	●		●							
Red Velvet with Cream Cheese Filling			●	●	●	●							
Triple Chocolate Filled Cookie			●	●	●	●							
CROISSANTS													
Plain			●		●	●							
Cheese			●		●	●							
Filled with Nutella®		●	●		●	●							
DANISHES & PASTRIES													
Cherry Cheese			●	●	●	●			●				
Maple Pecan		●	●	●	●	●			●				
Chocolatine (Québec only)			●		●	●			●				
STRUDEL													
Strawberry Cheese			●		●	●							
MUFFINS													
Chocolate Chip			●	●	●	●							
Coffee Cake			●	●	●	●			●				
Cran Apple Walnut Bran		●	●	●	●	●							

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Cranberry White Chocolate			●	●	●	●							
Fruit Explosion			●	●	●	●			●				
Raisin Bran			●	●	●	●							
Carrot Cake with Walnuts		●	●	●	●	●			●				
Whole Grain Pecan Banana Bread		●	●	●	●	●							
Wild Blueberry			●	●	●	●							
TEA BISCUITS													
Raisin			●		●	●							
Cheese			●		●	●							
DONUTS († indicates a Timbit® also available)													
DONUTS/TIMBITS: YEAST FILLED													
Banana Split			●		●	●			●				
Banana Cream†			●		●	●			●				
Blueberry Bloom			●		●	●							
Boston Cream			●		●	●			●				
Canadian Maple			●		●	●			●				
Chocolate†			●		●	●			●				
Chocolate Caramel			●		●	●			●				
Chocolate Whoopie Pie			●		●	●			●				
Coconut Cream			●		●	●			●				
Fruit Jelly Filled† (Blueberry, Lemon, Raspberry, Spiced Apple, Strawberry)			●		●	●			●				
Long John			●		●	●			●				
Maple Swirl			●		●	●			●				
Nutella®		●	●		●	●			●				
Paczki			●	●	●	●			●				
Raspberry Truffle			●		●	●			●				
Strawberry Banana Coconut			●		●	●			●				
Strawberry Bloom			●		●	●			●				
Strawberry Coconut			●		●	●			●				
Strawberry Shortcake			●		●	●			●				
Strawberry Vanilla			●		●	●			●				
Venetian Cream†			●		●	●			●				
DONUTS/TIMBITS: YEAST RING													
Chocolate Dip			●		●	●			●				
Honey Dip†			●		●	●							
Maple Dip			●		●	●			●				
Maple Glazed			●		●	●							
Sugar Loop			●		●	●							
Vanilla Dip with Chocolate Shot			●		●	●			●				
Vanilla Dip with Coloured Sprinkles			●		●	●			●				
Vanilla Dip with Chocolate Shot & Coloured Sprinkles			●		●	●			●				
DONUTS /TIMBITS: YEAST - OTHER													
Apple Fritter†			●		●	●			●				
Caramel Apple Fritter			●		●	●			●				
Apple Dumpling			●		●	●			●				
Apple Banana Dumpling			●		●	●			●				
Venetian Apple			●		●	●			●				

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DONUTS/TIMBITS: CHOCOLATE CAKE

Chocolate Glazed [†]			●	●	●	●						
Chocolate Mint			●	●	●	●			●			
Chocolate Peanut Crunch [†]	●		●	●	●	●						
Chocolate Snow			●	●	●	●			●			
Chocolate Toasted Coconut [†]			●	●	●	●			●			
Chocolate White Coconut [†]			●	●	●	●			●			
Double Chocolate			●	●	●	●			●			

DONUTS/TIMBITS: WHITE CAKE

Birthday Cake [†]			●	●	●	●			●			
Old Fashioned Plain [†]			●	●	●	●						
Old Fashioned Dip			●	●	●	●			●			
Old Fashioned Glazed [†]			●	●	●	●						
Old Fashioned Snow			●	●	●	●						
Old Fashioned Sugar [†]			●	●	●	●						
Cinnamon Sugar [†]			●	●	●	●						
White Coconut [†]			●	●	●	●			●			
Toasted Coconut [†]			●	●	●	●			●			
Peanut Crunch [†]	●		●	●	●	●						
Snowball Timbit			●	●	●	●			●			

DONUTS/TIMBITS: SOUR CREAM

Sour Cream Plain [†]			●	●	●	●						
Sour Cream Sugar [†]			●	●	●	●						
Sour Cream Glazed [†]			●	●	●	●						
Sour Cream Cinnamon [†]			●	●	●	●						

DONUTS/TIMBITS: OTHER

Honey Cruller [†]			●	●	●	●						
Salted Caramel Timbit			●	●	●	●						

BREAKFAST ITEMS²

Hash Brown												
Oatmeal - Plain						●						
Oatmeal - Maple Brown Sugar						●						
Oatmeal - Mixed Berry						●						
Creton						●				●		

BREAKFAST SANDWICHES

Breakfast Sandwich			●	●	●	●			●	●	●	
Croissant Breakfast Sandwich			●	●	●	●				●	●	
Eggs Benedict Breakfast Sandwich			●	●	●	●			●	●		●
Farmer's Breakfast Sandwich			●	●	●	●			●	●	●	
Grilled Steak & Egg Breakfast Sandwich			●	●	●	●				●	●	
Bagel B.E.L.T.® - Plain Bagel			●	●	●	●				●		
Sausage Bagel B.E.L.T.® - Plain Bagel			●	●	●	●				●	●	

GRILLED BREAKFAST WRAPS

Bacon Grilled Breakfast Wrap			●	●	●	●			●	●		
Sausage Grilled Breakfast Wrap			●	●	●	●			●	●	●	
Grilled Farmer's Breakfast Wrap			●	●	●	●			●	●	●	

BREAKFAST COMPONENTS

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Egg Omelette			●	●	●					●		
Bacon										●		
Sausage										●	●	
Seasoned Sliced Steak					●					●	●	
Processed Cheese			●		●					●		
Homestyle Biscuit					●	●						
English Muffin					●	●						
White Tortilla					●	●			●	●		

LUNCH ITEMS²

SANDWICHES

BLT				●	●	●				●		●
Chicken Salad (on Homestyle Bun)				●	●	●				●	●	●
Chicken Salad Croissant			●	●	●	●				●	●	●
Crispy Chicken (Original)			●	●	●	●				●		●
Spicy Crispy Chicken			●	●	●	●				●		●
Crispy Chicken Club (Original)			●	●	●	●				●		●
Spicy Crispy Chicken Club			●	●	●	●				●		●
Garden Vegetable			●		●	●						
Ham & Cheddar			●	●	●	●		●		●	●	
Cold Cut Trio Sandwich			●	●	●	●		●		●		
Turkey Bacon Club					●	●				●	●	●
Turkey Breast			●	●	●	●		●		●	●	

GRILLED PANINI

Tuscan Chicken			●	●	●	●		●		●	●	
Bacon, Tomato & Cheese			●	●	●	●				●		●
Artisan-Style Grilled Cheese			●		●	●	●			*		
Steak & Cheese (Original)			●	●	●	●				●	●	●

GRILLED WRAPS

Chipotle Chicken			●	●	●	●		●		●	●	
Chipotle Steak			●	●	●	●		●		●	●	
Chicken Bacon Ranch (Crispy Chicken)			●	●	●	●		●		●		
Chicken Bacon Ranch (Grilled Chicken)			●	●	●	●		●		●	●	

SOUPS & HOT BOWLS

Chili					●					●	●	
Bistro French Onion			●		●	●		●		●	●	
Cauliflower & Cheese			●		●	●					●	
Classic Chicken Noodle			●	●	●	●		●		●	●	
Cream of Asparagus (Québec only)			●		●	●					●	
Cream of Broccoli			●		●	●					●	●
Cream of Carrot (Québec only)			●		●						●	
Cream of Potato Leek			●		●						●	
Creamy Field Mushroom			●		●	●		●			●	
Creamy Sundried Tomato			●		●			●			●	
East Coast Clam Chowder			●		●	●		●		●	●	
Harvest Vegetable					●	●					●	
Hearty Potato Bacon			●		●					●	●	
Italian Wedding			●		●	●		●		●	●	
Minestrone			●	●	●	●		●		●	●	

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Roasted Red Pepper Gouda			●			●						
Spicy Thai Chicken			●		●	●		●	●	●		
Turkey & Wild Rice			●	●	●				●	●	●	
BUNS/BREAD												
White Sandwich Bun					●	●						
Whole Wheat Sandwich Bun (Regular or Large Size)					●	●						
OTHER												
Caesar Salad (with dressing)			●	●	●	●		●		●	●	
Garden Salad (with dressing)					●							●
Greek Yogurt with Mixed Berries and Almond Granola (Vanilla or Strawberry)		●	●			●				*		
Baked Beans (Québec only)										●		●
Savoury Potato Wedges						●						

1. Sulphites are declared when they are present at a concentration of greater than 10ppm. All other products may contain sulphites at a concentration of less than 10ppm.
2. All sandwich information is based on standard product build.